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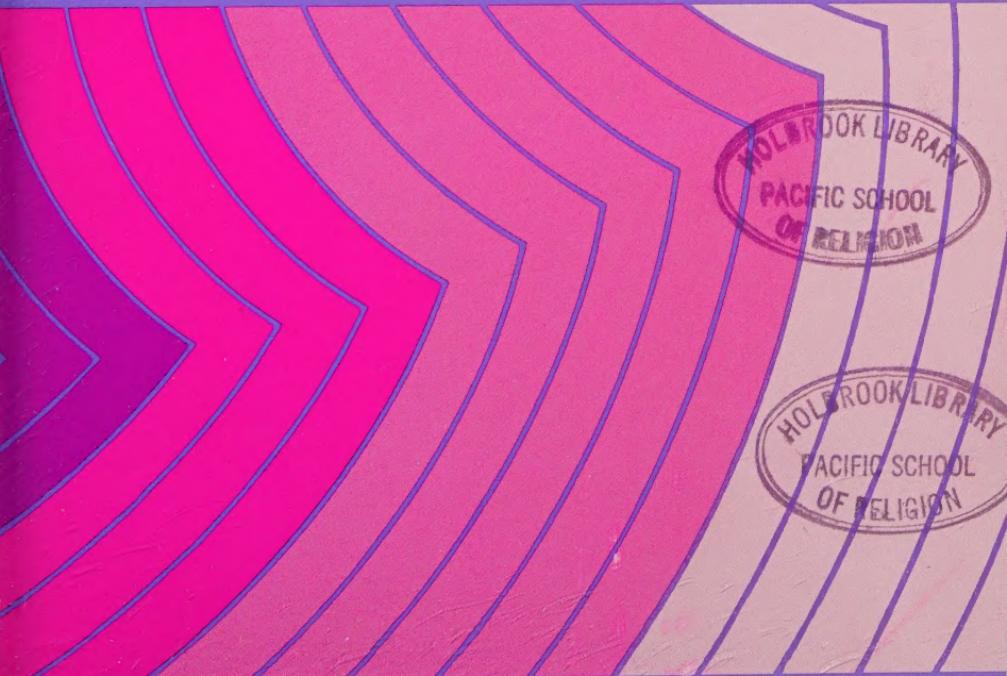
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"What I say unto you I say unto all, WATCH."—Jesus



YOU ARE IMPORTANT!
GOOD MUST OVERCOME
HOW MANY IDEAS ARE THERE?



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[Healing experiences in *Sentinel* articles for children as well as adults are carefully verified.]

Founded in 1898 by Mary Baker Eddy,
Author of the Christian Science Textbook,
Science and Health with Key to the Scriptures



Marca Registrada

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"What I say unto you I say unto all, WATCH." Jesus

How Many Ideas Are There?

PATRICIA O'BRIEN

This was the question our supervisor put to my co-worker and me one day when the three of us were struggling to finish a writing assignment. All that remained to be done was to complete a paragraph clarifying a basic point. But we were stuck. No grouping of words seemed adequate. We needed some fresh ideas.

All three of us were Christian Scientists, and perhaps this is what prompted the question, "How many ideas are there?" Before my co-worker or I could answer, our supervisor picked up *Science and Health with Key to the Scriptures*, flipped through the pages, and read aloud these words of Mary Baker Eddy's: "As mortals gain more correct views of God and man, multitudinous objects of creation, which before were invisible, will become visible."¹

And then he said, almost to himself, "So there are multitudinous ideas available right now." After a few moments of quiet contemplation, he picked up his pen and quickly finished the paragraph.

I've thought about this incident many times. It has helped me to realize that if the need is legitimate we can expect to reflect sufficient intelligence from divine Mind to discern problem-solving ideas. And the supply of ideas is inexhaustible. "How precious also are thy thoughts unto me, O God!" wrote the Psalmist. "How great is the sum of them! If I should count them, they are more in number than the sand."²

God's multitudinous ideas emanate from infinite Spirit and are spiritual and good, never evil. There is no place in the infinitude of God's universe for ideas that encompass lack or limitation; any suspicion of scarcity is superseded by the omnipresence and omnipotence of divine Love and its real ideas. If this abundance of deific power seems invisible to us, is it because we're beholding and believing the human picture? Are we going over the figures in a bank statement with fearful anxiety? Looking at a blank piece of paper in the typewriter with dismay? Examining the body for signs of disease?

The mortal view places all responsibility for changing things upon the limited ability of the human mental process to come up with ingenious ways to manipulate matter or personal material thinking. Spiritual sense exposes the illusive inventiveness of materiality and uplifts thought to a keener apprehension of the inherent capacity of man to reflect the affluent nature of God. Mrs. Eddy, the Discoverer and Founder of Christian Science, makes clear to us the infallibility of the divine nature when she tells us: "God is Love. Can we ask Him to be more? God is intelligence. Can we inform the infinite Mind of anything He does not already comprehend? Do we expect to change perfection? Shall we plead for more at the open fount, which is pouring forth more than we accept?"³

As a graduate student, at the beginning of the school year, I needed a place to live in a university town. Because of my course work I wanted to be alone and able to come and go at different hours. I was on a tight budget and several attempts to work out housing arrangements to fit my financial situation failed. I didn't know where to turn. I was out of ideas.

Then an experienced Christian Scientist asked me, "What would you do if you had all the money in the world?"

It was a startling question! But I understood it wasn't meant

literally. The right concept of supply had nothing to do with money. My friend was really telling me to drop thinking of mortal limitations and to welcome into consciousness the wealth of spiritual ideas God is constantly imparting to man.

Christ Jesus gave us a marvelous example of how to reflect this abundance. Mrs. Eddy says of him: "Through the magnitude of his human life, he demonstrated the divine Life. Out of the amplitude of his pure affection, he defined Love. With the affluence of Truth, he vanquished error."⁴

I knew I was trying to be a follower of Jesus. I too had the opportunity to express an "amplitude of . . . pure affection." Instead of hoarding helpful suggestions, I could try to share them willingly. Instead of being too busy to listen to other people's problems, I could have a genuine desire to help. But I realized that doing these things was more than an exercise in human helpfulness, which can be turned on and off. Expressing Christlike qualities of love, interest, and concern for others is natural to us. As consciousness is spiritualized and unselfed, this Christliness overflows in a spontaneous, effortless outpouring of kindness and compassion for everyone.

It became clearer to me that while to the human eye I didn't have all the money in the world, I was gaining in Christian Science an understanding of man's God-derived spiritual abundance of love, wisdom, and intelligence. Reflecting these qualities can provide needed solutions to problems, if we will listen for divine direction.

Then I said, "Yes, I know that I'm the image of divine Mind, that I possess a boundless supply of intelligence to guide me. So how will I hunt for a place to live, now that I have no feeling of limitation?" The answer came at once. Rent an apartment close to the campus.

Before my viewpoint was changed, I would have thought this solution too costly. But now that I had embraced in thought a more correct view of God and of man's relationship to Him, I wasn't swayed by material appearances. An apartment was soon found within my means. Every month during the year of graduate work the rent and bills were paid with no strain.

How many ideas are there? More than enough! Enough to give a plenitude of inspiration to everyone, no matter what the need appears to be.

All of us on occasion are tempted to believe we can't think of any more ideas. A verse in the Bible can have special significance. It says of God, "He forgetteth not the cry of the humble."⁵ If the well of ideas appears to be parched, we might ask ourself, "Am I being proud and boastful about my work, or am I recognizing in all humility the divine source of true creativity?"

The humble in heart have replaced excessive ego with but one desire—to be the image of omniscient Mind. These are the ones who are glimpsing a more correct view of God's affluence and are striving to understand that man as the reflection of Love shares in these riches. These are the ones who have access to a multitudinous variety of fresh, original, healing concepts.

We too can be one of these humble ones. There's enough God-derived intuition for everyone; a superabundance of intelligent, worthy, workable, spiritual ideas for all.

¹ *Science and Health*, p. 264; ² Ps. 139:17, 18; ³ *Science and Health*, p. 2; ⁴ *ibid.*, p. 54; ⁵ Ps. 9:12.

Going Higher

GEORGE W. LEDBETTER

What would you think of someone calling himself a ballet dancer, a pianist, a chef, or a computer programmer who had never studied or applied through practice what he had learned? Study and application are essential for progress in most worthwhile activities, and advancement in Christian Science is no exception.

Preparing for advancement is in itself advancing. Preparing for progress in Christian Science is preparing to go higher spiritually, and this preparation—the study and application of the truths of Science—results in more spiritual thinking.

Progress in Christian Science comes from demonstrating the truth of ideal being in daily living. It isn't the result of merely knowing a doctrine. One can't just claim spiritual progress. One demonstrates increased spiritual understanding by a fuller expression of Godlike qualities in thought and action. This fuller expression results in healing—healing of disease, of undesirable character traits, of discord in human relations. And spiritual progress in Christian Science is possible for everyone.

Anyone who sincerely desires to go higher spiritually can go higher. But to progress in Christian Science does require persistent effort and an adherence to its rules. One can't vacillate between mortal beliefs and Christianly scientific facts, nor can he mix them, and expect to make steady progress. Mrs. Eddy states clearly in *Science and Health*: "Whoever would demonstrate the healing of Christian Science must abide strictly by its rules, heed every statement, and advance from the rudiments laid down. There is nothing difficult nor toilsome in this task, when the way is pointed out; but self-denial, sincerity, Christianity, and persistence alone win the prize, as they usually do in every department of life."¹

Individual spiritual advancement may be rapid, or it may come more slowly, step by step. However, each step of progress is a step Spiritward. And, slow or fast, going higher spiritually is a certainty as we follow the rules of divine Science. Progress comes through studying the letter, becoming increasingly familiar with the spiritual truths and the rules of this Science—so familiar that we make them our own and thus hold them continuously in consciousness.

With the rules of divine Science firmly established in thought we find it more and more natural to live by them. It becomes a normal process to strive to apply them in every action, even the smallest. Then demonstrations based on those rules are the natural result.

Christ Jesus taught that love for God and man is required for individual regeneration and that one cannot stray from living his teaching or mix Christlike love with love of matter. He said, "Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in theretat: because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it."² He also said, "Ye cannot serve God and mammon."³ Jesus lived strictly in accordance

with these teachings. He proved they were correct, and that they came from God, by his many demonstrations—healing sickness and sin and proving the powerlessness of material laws. His works ranged from the changing of water into wine at the wedding feast to his highest demonstration, the ascension.

Jesus' disciples grew spiritually as they listened to his teachings and strove to apply them, but it was not until after his resurrection that they really began to understand what he had taught them. Then they were awakened somewhat to the unlimited power of Spirit, and their healing works were more outstanding.

We today have the biblical record of Jesus' teachings and healings and of his resurrection and ascension, and in addition we have in *Science and Health* the full statement of the Science Jesus taught. We have all we need for our own spiritual awakening and progress. We have all we need to enable us to perceive the infinite possibilities of the application of divine Science and to make our lives a blessing to ourselves and to the world.

We might ask, "Is there any special point one should understand in striving for spiritual growth?" Mrs. Eddy gives us this definite directive: "Truth is immortal; error is mortal. Truth is limitless; error is limited. Truth is intelligent; error is non-intelligent. Moreover, Truth is real, and error is unreal. This last statement contains the point you will most reluctantly admit, although first and last it is the most important to understand."⁴

I had an experience that proved the importance of understanding this point. One morning while in college I awoke with the flu. This was the day I was scheduled to participate in a wrestling match. I was barely able to accomplish my morning job and then had to go to bed, but I studied and prayed. When the time came to go to the gym, I was no better. I decided to walk halfway and then determine what to do. I was praying as I walked, and at about the halfway point this thought came: "I have been declaring I am the perfect image of God and then looking to see if the body is responding. Why, this is saying that error is real and I'm trying to defeat it. The truth is, I am really spiritual and perfect right now. My prayers are to help me see that this perfection, which already exists, is the divine fact, and is the only truth of me." I was healed in that instant and went on to win my match.

What would keep us from demonstrating the powerlessness of error and making steady progress in spiritual understanding? One belief that holds us back is the claim that mortal mind, or evil, is an actual power, equal to or greater than God; that it is always present and able to affect and control mortals; that it is intelligent and exists in matter, or the human body, which it fraudulently names man. Material sense would claim that God is apart from man, in some far-off place. It would argue that even if mortals do call on God, animal magnetism or evil is so powerful it can't be overcome, so God can't really help. These are lies, for God is infinite and all power.

The facts are that Truth is right and there is no wrong, that good is All and there is no evil, that harmony is infinite and there is no inharmony. All real action is the action of divine Mind, and in Science there is no lack of action, no action that is painful or contrary to Mind's direction. Man—God's idea—is always superior to mortal mind's claims, for he is never really confronted by them. Man always expresses joy, strength, love, because there is no unhappiness, fear, or hatred. Man, God's expression, is not a believer in error; man understands Truth. Then man can't know disease, inharmony, or lack. These lies can only be fabricated and believed by mortal mind, not by Truth or by Truth's ideas. The demonstrable fact is that "Truth is real, and error is unreal."

Progress is divinely assured because it is the law of God. Man, living in God, is governed by God's law and therefore his spiritual progress is inevitable. He must always be rising higher.

This is the Christianly scientific fact, but in order to bring it out in our lives there is the requirement that we need to study and apply with deep sincerity the truths of God and His creation. We can't sit idly and expect to improve in Christian Science. Our Leader, Mrs. Eddy, directs us lovingly yet firmly: "If we work to become Christians as honestly and as directly upon a divine Principle, and adhere to the rule of this Principle as directly as we do to the rule of mathematics, we shall be Christian Scientists, and do more than we are now doing, and progress faster than we are now progressing."⁵

¹ *Science and Health*, p. 462; ² Matt. 7:13, 14; ³ Luke 16:13; ⁴ *Science and Health*, p. 466; ⁵ *Christian Healing*, pp. 8-9.

"Now and here"

J. WOODRUFF SMITH

It has been said that the Hebrew tongue packs a world of meaning into a single word, and one such is "Immanuel," signifying "God with us." This holy theme roots deep in the heart of the Christian Scientist, where it pulses and sings of the all-presence of God. God is *omnipresent* because He is infinite Spirit. He is *ever* present because He is eternal Life. He is the all-loving Father-Mother of all, and as Paul writes, "Where the Spirit of the Lord is, there is liberty."¹ But where is He not? He is here and everywhere now and forever, and how can we ever be separated from Him who fills all space? It is an act of awakened consciousness to know and feel God's continual presence.

With Paul we can declare that "now is the accepted time" and "the day of salvation."² Shouldn't we hasten to add, And here is the accepted place, here is the place of salvation? What is this "here"? Surely it's individual consciousness. Isn't this exactly where security is demonstrated?

Christ Jesus proved it so. He told his disciples: "Ye shall be scattered, every man to his own, and shall leave me alone: and yet I am not alone, because the Father is with me."³ Earlier he had said: "I am not alone, but I and the Father that sent me. . . . He that sent me is with me: the Father hath not left me alone; for I do always those things that please him."⁴

God is all the presence and all the power, in all ways and all the way. Many do not know this. Some question it. Others disbelieve it. Yet we all share in the infinite good, which is of God. And once we become spiritually conscious of this ever-present good and begin to understand it, the good can unfold without limits. When good is thankfully recognized, it is brought right to us in the form of demonstration.

A vagrant is one with no visible means of support and an atheist is one who recognizes no invisible means of support. The Christian Scientist has support both invisible and visible. His assurance stands inviolate, as his understanding of invisible Spirit gives him visible proof of God's all-power in spiritual healing.

There are Christian Scientists who say that their spiritual understanding jelled when they first realized they could never really die. They had seen that immortality is not some hopeful state reserved as a reward beyond the grave but that it is the present understanding of God as the only Life of man. The great and only cause being eternal Life, its effect is itself immortal and always individualized. This very realization can heal the ills of the race—the sinful and diseased states of mortality.

An atheist once scorned me for being a Christian Scientist. I asked the reason for his atheism. He said he could not acknowledge a God who could create deformed beings, who could stand by and observe the effects of pestilence and famine and war and do nothing to end them.

I said I could not accept such a deity either, that I had asked the same questions while holding an orthodox faith. Then in *Science and Health* I had found a new concept of God. God revealed Himself to its author, Mrs. Eddy, as the one perfect Mind. I thrilled to the scripture "Who is so great a God as our God?"⁵ and to Mrs. Eddy's shattering discovery that this only true God knows nothing of evil or matter. I learned that I could not only revere and love God as a son loving his ideal Father but I could also truly worship and adore Him as the creator and beholder of His own perfect universe of infinite good.

This understanding of Him brought His presence and power home to my heart with full healing of the discords that had confronted me: a spinal injury that threatened me with a life of semi-invalidism in a wheelchair, bronchitis, acute sinus trouble, the protracted use of tobacco and alcohol. All these discordant conditions were healed in three weeks, solely by reading *Science and Health* from cover to cover.

These points deeply impressed my questioner, so I showed him three scriptural passages that to my sense confirmed all I was

saying: John 1:3; Genesis 1:31; Habakkuk 1:13. The simplicity of these truths and the beauty of their logic took root in him, and his atheism drifted off as easily as miasma floats away from a swamp at twilight. His notion of a god who was nowhere gave way to the fact of God, who is here now. He had never really been against God, who is; he had actually been seeking Him. All along he had been longing to know the one true God, and now he did.

Our God is eternal Life and infinite Mind. The nowness of this Life, the hereness of this Mind, are reflected by His idea, man. This is apparent to the honest heart and its twin, the logical thought. Then are we not—in spite of the gusts of evil swirling about—safe and secure in this all-presence?

Because God fills all space, He is here, where you are, in the instant of Truth that is this moment. And His goodness is not a condition of going-and-coming. Just when you might think you are a veritable Job in trouble, Christian Science can show you the nowness of God's power and make you feel the hereness of His presence.

"Job's faith and hope," Mrs. Eddy writes, "gained him the assurance that the so-called sufferings of the flesh are unreal. We shall learn how false are the pleasures and pains of material sense, and behold the truth of being, as expressed in his conviction, 'Yet in my flesh shall I see God;' that is, Now and here shall I behold God, divine Love."⁶

This vision is available in the *now* of this moment, in the *here* of this place: in your own receptive heart.

¹ II Cor. 3:17; ² 6:2; ³ John 16:32; ⁴ 8:16, 29; ⁵ Ps. 77:13; ⁶ *Unity of Good*, p. 55.

*Thou, Lord, wilt bless the righteous; with favour
wilt thou compass him as with a shield.*

Psalms 5:12

THE APPOINTED

Those with young,
those with a vision faithfully held
as the child is held to its destined hour

they will be led
through every trial, from the cruelest heat
to the bitterest cold. They will be steadied

when the harsh winds blow
and, in a deadening drift of mists,
be summoned to proceed by a way unknown

as over and over they are told:
It is I who have called you to this role.
I who have caused your steps to turn

from the small hearth
in the sheltering room—out on to this
rough mountain track that only can lead

to the heights ahead.
O Mine the command that works in you!
from the vision sown to the bringing forth

not on some far
unsullied star, or eons beyond
all claims of now—but here, right here

in space and time—
of what from the outset I have known
as *your* task. In My design.

DORIS PEEL

You Are Important!

LEE E. LAWDER

Have you given thought to the many unnamed people in the Bible who have set in motion a great event or a healing? For instance, there was the little slave girl whose mistress was the wife of the mighty Syrian commander Naaman. She said to her mistress, "Would God my lord were with the prophet that is in Samaria! for he would recover him of his leprosy."¹ Her spiritual receptivity was the first step in the complete healing of Naaman.

What was the name of Pharaoh's chief butler who told his king about the man in prison who had interpreted his dream? That was an important step in bringing Joseph to the position where he could save Egypt from famine.

Or what was the name of the lad who had the loaves and fishes Jesus used to feed the multitudes? The Bible keeps record of these people because each contributed in some way to the demonstration of God's power and goodness. They were important people.

You, too, are important. The likelihood is your name will never be written in the pages of history; but by your desire to share a Christlike thought or word at the right time, you may change the course of someone's life. In your helping to supply another's need, it does not matter if your formal education is limited or if you have an array of impressive degrees after your name. What matters is who you really are, what man really is, and your knowing it. Man is a complete spiritual idea, made in the likeness of God. Divine Mind doesn't create perfect ideas with imperfect intelligence or worth. One spiritual idea has no more substance than another. Each is complete, whole, limitless.

Spiritual man reflects all the qualities of his Maker—love, joy, understanding, peace, goodness. As we daily express these spiritual qualities in our words and deeds, they help and inspire mankind.

This expression is our basic purpose. And we never know at what moment our thoughts may be uplifting another; we may be totally unaware of such a moment.

A few years ago we'd been talking with a visitor at our home, and the conversation was interrupted by one of our grandchildren. She ran into the room crying because she had skinned her knee. There was a minimum of fuss and confusion. We just cleaned the wound and reminded her of a simple truth she had learned in the Christian Science Sunday School. It was a reminder that God is All-in-all, and when we know that, there is no room for error of any kind. The youngster soon returned happily to her play. Our visitor witnessed the incident without comment, and we resumed our conversation.

Almost a year later I visited this friend and noticed the blackboard on which the family wrote messages to each other. Written on the wooden frame was a neatly lettered sentence—the same truth that had helped our granddaughter. My friend saw me looking at the board. "Remember when you made that statement?" he smiled. "When I returned home, I wrote it on the frame, and it's been there ever since." He paused, then added, "That's something worth knowing." And apparently the family had found this so.

This small incident illustrates how others can be benefited by the truth we voice. Even a bystander may capture a healing message and hold it dear. In *Science and Health* Mrs. Eddy states, "We are all sculptors, working at various forms, moulding and chiseling thought." Further along on the same page she says, "We must form perfect models in thought and look at them continually, or we shall never carve them out in grand and noble lives."² As we're faithful along these lines, we not only shape our own perfect model, but we have a hand in helping others fashion theirs.

What was the name of that certain Samaritan in Christ Jesus' parable? He was unnamed, but that isn't important. The parable illustrates how we each can care for our brother's needs by pouring out love, compassion, gentleness. There are those around us who have a great need for that uplifting thought, for that "peace of God, which passeth all understanding."³ Be prepared to share your spiritual storehouse of understanding. The truth you voice can be the spark that motivates another's thought to a higher spiritual level.

When God called Moses to be His spokesman, Moses was amazed that he was selected. He pointed out that he was a poor speaker. God told him not to be concerned, because He would supply the words. Are you like Moses? Do you feel inadequate to give someone a spiritual lift? Don't underestimate your God-given gift of eloquence. You can give that cup of cold water to the spiritually thirsty.

You are important! And the more you steadfastly pray, the more your spiritual selfhood in all its healing purity and goodness becomes obvious to others. To pray without ceasing does not necessarily mean repeating words, audible or inaudible. Just as important are our actions—the prayers through which a stranger can see the Christ in us. Letting our light shine in thought and deed, we will assist the stranger on the path to spiritual well-being. When we reflect God, we naturally give out love, and we never know just how it is tailored to fit another's need.

We have a direct order from Jesus: "Go ye into all the world, and preach the gospel to every creature."⁴ As we obey the spirit of Jesus' admonition, we will demonstrate daily that we truly are important.

¹ II Kings 5:3; ² *Science and Health*, p. 248; ³ Phil. 4:7; ⁴ Mark 16:15.

Loyalty to the Fact of God's Allness

MERLE WITHAM MILLER

One evening Mrs. Eddy assigned a member of her household a specific problem to work out through prayer. The student's mental work was not effective, however, and although she stated her feeling that she had prayed adequately, Mrs. Eddy replied: "No, you didn't, you had a good talk with the devil. Why did you not know God's allness?"¹

In Christian Science the term "devil" aptly describes the aggress-

sive, negative, evil suggestions that would invade and contaminate human consciousness. Whatever the particular form of evil suggestion, it is always basically the lie that God, universal good, has a living, thriving opposite called evil; and that evil can equal and even outweigh the influence of the Christ, the good and ever-present spiritual idea, in individual consciousness. But as Christ Jesus proved and as Christian Science continues to demonstrate in its adherence to his teachings, it is possible to bring out the allness of God, good, and the consequent nothingness of evil.

The gospel record of Jesus' temptation in the wilderness shows that the Master met each tempting evil suggestion with a clear assertion of loyalty to the fact of God's allness and supremacy. His final dismissal of satanic suggestion "Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve" proves that evil could make no inroads upon his watchful thought. He saw evil's worthlessness, its nothingness. And so he rejected its suppositions. The Bible reports, "Then the devil leaveth him, and, behold, angels came and ministered unto him."² "Angels" are enlighteningly defined by Mrs. Eddy as "God's thoughts passing to man; spiritual intuitions, pure and perfect; the inspiration of goodness, purity, and immortality, counteracting all evil, sensuality, and mortality."³

Does God's allness preclude distinguishable identity for man? Not at all. Rather, it ensures the inclusion of man's distinct individual being in the one universal Life, which is Spirit, Truth. True manhood and womanhood are the individualized expression of God, the totality of good.

Have you ever referred to yourself as being "in heaven" when you listened to exceptionally fine music or when you visited a beautiful, quiet spot or spent some time with a cherished friend? You meant of course that you felt a sense of harmony, joy, peace. As we say the opening line of the Lord's Prayer, "Our Father which art in heaven,"⁴ we realize that God abides always in the atmosphere of His own complete harmony and perfection because of His divine nature as eternal Principle and Love. The true being of each of us, His sons and daughters, is found dwelling in this heavenly atmosphere of pure Mind—continually.

True prayer is not an endless argument with evil suggestions.

Scientific prayer is the realization of evil's utter fraudulence and impotence, hence unrealness. It springs from the understanding that God—the veritable source of man's real consciousness—knows nothing adjacent to, outside of, separate from, or opposed to the all of His harmonious presence. As the allness and omnipotence of God, universal good, are thus consciously felt, evil suggestions fade from thought. This spiritually mental process has effected clear-cut, convincing Christian Science healing of all types of discord for over a century.

There is always the question, "If God is wholly good and is All, how can all the evil we see be accounted for?"

If we are to be at least as scientific about this question as we would be, for example, with respect to mistakes in music and mathematics, we need to admit that life's apparent discords do not change the fact that God, the Principle of all real being, is all-harmonious—as is the creation He sees and knows. Instructors in music and in math never assume that misapplication of the rudiments involved discredits the rightness of those rudiments. We do not even find such teachers summarily despairing of their students' possibilities because at times they repeat on paper or keyboard the same errors.

So what is needed in the Science and art of living is a loyalty to the fact of God's allness—loyalty that can pattern to at least some degree the quality of faith in the supremacy of good exhibited by Jesus. This is really the only way of salvation from evil beliefs and occurrences.

A Christian Scientist became suddenly aware of an abnormal condition in her body. She recalls that it had the effect of tiring her, so that she needed to resort to rest quite often. One of the ideas that came to her in prayer was this: "If I really believe in the allness of God, good, then I'm not going to make something of this in the minds of those about me. I will quietly, loyally keep on in the conviction that there isn't anything outside the range of God's allness and perfection." It was apparently that woman's unselfish attitude, plus the conviction that eventually-so-why-not-now she must give in to the fact of God's allness, that brought about the vanishing of concern in her thought together with the disappearance of the abnormal condition in the body.

As we understandingly yield to this spiritual fact of God's, good's, allness, we find that the very fact of Truth's omnipotence sustains us and heals us—it does! And we find ourselves rejoicing in a higher, more secure life in the very present. We have this firm reminder from Mrs. Eddy: "The Christian Scientist's argument rests on the Christianly scientific basis of being. The Scripture declares, 'The Lord He is God [good]; there is none else beside Him.' Even so, harmony is universal, and discord is unreal."⁵

¹ *We Knew Mary Baker Eddy*, Fourth Series (Boston: The Christian Science Publishing Society, 1972), pp. 99–100; ² Matt. 4:10, 11; ³ *Science and Health*, p. 581; ⁴ Matt. 6:9; ⁵ *Science and Health*, p. 414.

Work to Do

JOHN S. PARKER

It was 3 a.m., but I was wide awake.

What's bothering me that I can't sleep, that I feel a vague apprehension and unhappiness? I kept asking myself. Our family is OK. All of us are getting along just fine, and the future looks bright enough, I kept reassuring myself.

I stared into the darkness. Then slowly I began to realize I was bothered by a sense of futility, a feeling that I needed to be doing something more meaningful, as they say nowadays. Life had become boresome.

A passage from Shakespeare's *Macbeth* came to me:

To-morrow, and to-morow, and to-morrow
Creeps in this petty pace from day to day
To the last syllable of recorded time

What can I do to be more inspired? I asked myself again.

The answer came from the Christian Science textbook, *Science*

and Health by Mrs. Eddy—a book I had read and treasured for many years. Reading and studying this book had freed me from various types of bondage, including tuberculosis, deteriorating sight, and the smoking habit. I knew many of Mrs. Eddy's passages by heart, and now I recalled one of them: "For true happiness, man must harmonize with his Principle, divine Love; the Son must be in accord with the Father, in conformity with Christ."¹ Then another statement: "Happiness is spiritual, born of Truth and Love. It is unselfish; therefore it cannot exist alone, but requires all mankind to share it."²

That's it! I exclaimed.

Before turning off the light I had been reading about the situation in the Middle East. Pretty hopeless, I had decided—a real stalemate.

Was that the way to think about it? I knew better. I began to pray, to realize that Love's ideas are not at war with one another. In spite of the mortal picture of strife, Arab and Israeli are in reality the sons of God, made in His image, expressing love and peace.

I thought of my neighbor, a friendly fellow, but an alcoholic whom I was inclined to condemn for his foolish ways. How self-righteous can you get? What about him? I realized that although I had no right to treat him through prayer without his permission, I could correct my erroneous concept of him and perhaps offer him a copy of *Science and Health*. Then there is that situation in church

No, tomorrow doesn't have to creep at a "petty pace." I have vital work to do. During the day I can hold fast to what is true—not for the purpose of benefiting myself or making my own life more comfortable, but to help mankind. I can deny the false pictures of crime in the streets, starvation in many parts of the world, corruption in government, rampant sensuality. What's more, I can start right now.

As I closed my eyes I remembered a verse from Psalms: "Give me understanding, and I shall keep thy law; yea, I shall observe it with my whole heart."³

¹ *Science and Health*, p. 337; ² *ibid.*, p. 57; ³ Ps. 119:34.



Housecleaning

Today I have to clean the house,
It's time to clean it up.

Clean the windows
clean the floors
clean the walls

Wash away, wipe away, dust away, mop away, throw away
all the dirt and dust, until the house is clean.

Now what about my other house—
The house that is my thinking?

Clean away grouchiness
clean away lies
dust off my gratitude.

This makes my house inside as clean
as my house outside is clean.

LORNA FRIEND

Looking for Someone?

BEVERLY RICHARDSON BERG

Once upon a time there was a girl who had one goal in life: finding The Right Guy. She traveled widely in her search. She dared not miss a party in case *he* would be there. Oh, she met some very nice fellows but she eventually discovered each had a flaw. One was too young; another had an odd taste in clothes; someone else was just plain dull. Certainly not top-notch material. Alas, the young woman never found her hero, so she just went on looking.

If this story rings a bell, perhaps you've found that clenching your teeth through a boring date is no fun. How grateful I was when Christian Science came to the rescue! I'd relied on scientific prayer most of my life—when there was illness, or I had trouble with schoolwork. But in my social life, except for pleading with God to send me Mr. Right, I'd resorted to scheming and dreaming.

However, after one too many exasperating relationships I began paying attention to what Mrs. Eddy says: "What we most need is the prayer of fervent desire for growth in grace, expressed in patience, meekness, love, and good deeds."¹ All right, maybe it was time to swap my longing for a boyfriend for a "fervent desire for growth in grace." But expressing "patience, meekness, love, and good deeds" seemed a tall order. Mrs. Eddy's next sentence clued me in on where to start: "To keep the commandments of our Master and follow his example, is our proper debt to him and the only worthy evidence of our gratitude for all that he has done."

"The commandments of our Master"? Turning to the Bible, I found: "Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment."² I felt a little guilty. Of course, I loved God. But I had an uncomfortable feeling that I'd been loving my imaginary dream of a knight in shining armor even more. Hadn't I been

counting on him to whisk me away from boredom and loneliness?

Thinking about what Christ Jesus called "the first and great commandment," I began to see that putting God first puts everything in a spiritual perspective. This doesn't mean seeing the world through rose-colored glasses—overlooking faults and rationalizing limitations. It means seeing God's creation as it *really* is: perfectly wonderful, expressing Him.

I knew God isn't a giant superman up in the sky who turns out miniatures—some perfect, some not so perfect. God is divine Spirit, fathering and mothering His family of spiritually flawless children. If the word "spiritual" brings to mind false smiles and drab conversation, you're in for a surprise. There's nothing pallid about Spirit's vividly outlined creation, chock-full of vigor and vitality. Nor is there anything bland about the fresh and startling truths God communicates to His idea, man. If we depend on the fickleness of physical form, we're doomed to disappointment; but relying on the sureness of Spirit, we can't help but feel a deep-down satisfaction.

This sort of spiritual reasoning naturally leads to what Jesus called the second commandment, "Thou shalt love thy neighbour as thyself."³ Feelings of superiority or inferiority fly away when we understand all God's children to be equal and excellent. A Christian Scientist doesn't merely pretend ugliness and inadequacy don't exist. But through a more spiritual consciousness he becomes increasingly aware that his neighbor has real beauty and intelligence.

It took some deep thinking for me to grasp the fact that God, not good looks, makes the man. But as I chipped away at my ivory-tower walls, the brightness of man's selfhood began to show through. I widened my view of others and discovered admirable, lovable qualities. Not surprisingly, I launched my "growth in grace" by showing more consideration and thoughtfulness toward others. With relief I dropped the burden of judgment and the crutch of sarcasm.

One nice by-product was discovering the stretchability of thought awake to God, Mind. Talents sprouted that I'd formerly seen only in others. Freed of the nagging thought "Won't I ever get married?" I began enjoying my newfound completeness in singlehood.

Somewhere along the line I tossed away my Prince Charming checklist. The dominant male was no longer the image I looked for. True courage, wisdom, and humility were the qualities I now

appreciated. As I let loving-kindness replace anxiety, I was able to form several comfortable friendships with men.

Not too much later I met a fellow who swept me off my feet with his really fine qualities. His balanced expression of God's masculine and feminine nature was just what I'd been growing to appreciate. This young man discovered something worth loving in me, too, and we were soon married.

But "happily ever after" requires constant work and prayer. Once over the threshold, I found myself sliding back into the old habit of pinning my hopes on an ideal man. I unwittingly put my husband on a pedestal and ended up seesawing between fear of failure and martyrdom.

Then it hit me. Somewhere in the flurry of the wedding confetti I'd forgotten God, forgotten it was Him I needed to please and rely on. I realized that being married needn't be like living on a tight-rope, each misstep plunging one or both partners into the net of frustration. Instead, husband and wife can find the sure footing of a God-centered union, where affection and appreciation thrive under the care of Father-Mother Love. And trusting God, not your spouse, to come up with the right answers encourages wise decision-making and eases the strain of personal responsibility.

Sometimes self-will rears its head. Then I find it helpful to remember that being unselfish doesn't necessarily mean giving in. Instead, it may require giving up a wrong sense of what happiness is. As you see you can let God express Himself in you *and* your partner, the door will open to a freeing relationship.

Now a forever-after happy ending? No, this growth-in-grace program goes on. And what better school than marriage for practicing "patience, meekness, love, and good deeds"? I'm in no hurry. With every step I'm discovering more about God and His great love for man. Mrs. Eddy assures us, "The Divine Being must be reflected by man,—else man is not the image and likeness of the patient, tender, and true, the One 'altogether lovely; but to understand God is the work of eternity, and demands absolute consecration of thought, energy, and desire.'" ⁴

¹ *Science and Health*, p. 4; ² Matt. 22:37, 38; ³ v. 39; ⁴ *Science and Health*, p. 3.

Editorials



GEOFFREY J. BARRATT
Editor

NAOMI PRICE
Associate Editor

PETER J. HENNIKER-HEATON
Associate Editor

Good Must Overcome

Truth will always be victorious over error, love over hate, harmony over discord. Is this hard to believe? This is a fact and can always be proved by those who have faith in God and who steadfastly hold to the Christian concept of God's all-power and ever-presence.

God is Truth and Love. These are names for the one, omnipotent creator. Harmony and goodness are His attributes, so we can know that these qualities are real and eternal, whereas error, hate, discord—all evil—are unreal, temporal, and temporary. They exist only in belief and persist in belief only as long as the belief of their existence is retained in human consciousness.

Mary Baker Eddy once wrote, "Falsehood is on the wings of the winds, but Truth will soar above it." And farther on she continues: "The archers aim at Truth's mouthpiece; but a heart loyal to God is patient and strong. Justice waits, and is used to waiting; and right wins the everlasting victory."¹

At the time this was written, misrepresentations and misstatements were working havoc in the ranks of Mrs. Eddy's students and followers. Those were dark hours for the twelve-year-old Christian Scientist Association. Envy, hatred, and malice were influencing its members to send forth poisoned mental arrows to destroy the Christ-idea that had so recently come to earth in the form of Christian Science.

Many people—and probably all of the members of the Association or their relatives—had been healed through Christian Science. But the temptation to seek human greatness and the ambition to gratify their own human will influenced some unwary adherents

of this compassionate religion to use questionable mental methods and to utter slanderous lies to break up its Christian organization. They did this, and others were duped to follow, even though all must have known it existed only to bless the world through the promotion of metaphysical healing.

One wonders how they could have been so misled. But Christian Science shows this adverse, criminal instinct to destroy the Christ-idea to be a hypothetical power, identical to that described in the book of Revelation as the great red dragon—a belief of evil only, not an actual entity. It is a false, malicious claim to power that in every age has tempted mortals to try to destroy the spiritual idea that, in fact, is inevitably destined to establish harmony on earth.

The evil referred to by Mrs. Eddy was not unknown in Christendom—Herod and Judas had lent themselves in its early days to this malicious instinct of the carnal mind and had attempted to destroy Christ Jesus. Nor was the attack in 1888 the last to be launched by the adversary against the Christ as represented by Christian Science. One of the dangers Christians face even now is that of being influenced by Christianity's enemy, the carnal mind, either to be its victim or its tool.

History indicates that the carnal mind resists in any way it can the development in human thought of the healing ideas of divine Truth. These ideas are destined eventually to expose the unreality of error and annihilate it altogether. It is not surprising, therefore, that Truth's standard-bearers have often become targets for harassment by the enemy—either to put them out of action or to tempt them to join the ranks of the destroyers, thereby to place them in the category of Judas, who eventually destroyed himself.

But no one need succumb to falsehood and be either a victim or a tool of mortal mind. Selfless, spiritual strength, loyalty to and love of Truth, exercise of the simple wisdom that can detect and expose the hidden tactics of the adversary, will keep one safe from personal harm or—the worse alternative—from being tricked, as Judas was, into serving its evil purpose to betray the Christ-idea.

Over the centuries the Master's beatitude has been comforting to Christians who were victims of attack: "Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. Rejoice, and be exceeding

glad: for great is your reward in heaven: for so persecuted they the prophets which were before you.”²

But what comfort is there for those who rashly allow themselves to be identified with the adversary and to be used by it as a tool to attack the Christ by persecuting Truth’s faithful advocates? Is there for them, at best, only the bottomless pit of oblivion or, at worst, a fiery lake of perpetual remorse? No! God, Truth, is Love, and Christian Science shows that not only the victim can be sheltered and preserved, but the one who has allowed himself to become a tool in the hands of the adversary is also mercifully restored to grace when he revokes his allegiance to the enemy, the carnal mind, and returns wholeheartedly to serving the Christ-idea.

Whatever the carnal mind, or the adversary, may claim to do, it can never silence Truth’s voice. It cannot hinder the progressive acceptance of the Christ, the true idea of God in human consciousness. Nor can it disrupt the harmony of man’s true being. Good must always overcome.

NAOMI PRICE

¹ *Miscellaneous Writings*, p. 277; ² Matt. 5:11, 12.

Soul-sense: Indestructible and Unrestricted

“The hearing ear, and the seeing eye, the Lord hath made even both of them.”¹ God never made faculties vulnerable to accident, disease, or passing years, restricted in range or incapable of clear definition.

The ears and eyes of God’s making—to carry on briefly the Psalmist’s usage—are not material. They are not organs, physiological or otherwise, conveying impressions to a brain in response to external stimuli. Instead, they indicate modes of divine Mind’s perfect cognition of its own infinite self-containment, its spiritual universe; and they are individualized in Mind’s spiritual idea, man.

These statements are not philosophical abstractions. They are practical and scientific. The sight and hearing made by God are

more actual than any physical sense or faculty. When Christ Jesus from this spiritual basis healed the blind and deaf, the blind saw, the deaf heard. Today when Christian Science restores sight or hearing from this same spiritual basis, the blind see, the deaf hear.

The final chapter of *Science and Health with Key to the Scriptures* by Mary Baker Eddy, entitled "Fruitage," consists of one hundred pages of letters from persons healed by reading this textbook. On the second page of "Fruitage" a writer tells of astigmatism healed. Six pages later another tells of cataract quickly cured. A number of writers tell of sight becoming normal and of glasses, worn for years, being laid aside. In the same chapter several testifiers tell of long-standing hearing troubles being healed. Since the publication of these letters the record of sight and hearing spiritually restored has been carried forward in the testimony sections in the Christian Science periodicals and at the Wednesday evening meetings in our churches.

The effects of Christian Science can be observed outwardly, but its method does not manipulate physical conditions by material means or by techniques of the human mind. Christian Science treatment is not concerned with physical organ-building or organ-reconditioning. Instead, it shows that all man's faculties of spiritual perception reflect the divine perception and are eternally indestructible. As the one in search of healing grasps this spiritual fact and begins to exercise man's spiritual faculties through expressing spiritual qualities—love, joy, tranquillity, for instance—malfunctioning or defective organs conform to normalcy.

This conforming, however, of the physical condition, desirable as it is, isn't the essential healing. The essential healing is what has happened in consciousness: it is the replacing of a materially mental error as to what the senses are and how they work by the spiritual mental truth or fact of what they are and how they operate. Even when an organ has again begun to function normally, perception has not become material or dependent on matter. Our perception is in reality, as it has always been, wholly spiritual.

Mrs. Eddy describes the basis for spiritual healing like this: "Sight, hearing, all the spiritual senses of man, are eternal. They cannot be lost. Their reality and immortality are in Spirit and understanding, not in matter,—hence their permanence."² There's

the point. When sight and hearing are correctly identified as among man's spiritual senses, they are seen to be perfect and indestructible. Inevitably then the human condition conforms.

Many claims of defective sight or hearing are made in terms of distance. They say, "You're shortsighted," "You're longsighted," "You can only hear if you sit in the front row." We silence all these claims when we acknowledge sight and hearing to be spiritual and operating in the limitless realm of Spirit.

Spiritual sense, reflecting infinite Spirit, cannot be divided up into a limited number of limited senses that can become defective one by one. Nor is it "extrasensory perception," which supposedly registers impressions on human thought without going through organic channels. Spiritual sense operates entirely within divine Mind and as the expression of divine Mind. And within this Mind it is not divided into five or six or sixty ways of perceiving; on the contrary, it has infinite and unlimited modes of perceiving and understanding spiritual reality. And it also ensures, regardless of distance, that we know and see and hear whatever we need to of the human scene.

When the Syrian king found his plans known to the Israelites, he asked who was the traitor. A servant replied, "None, my lord, O king: but Elisha, the prophet that is in Israel, telleth the king of Israel the words that thou speakest in thy bedchamber."³ The Bible records a number of such instances where spiritual sense perceived what was needful, regardless of the capacity of physical organs. Of the origin of this ability in divine Mind Mrs. Eddy writes: "This Mind-reading is the opposite of clairvoyance. It is the illumination of the spiritual understanding which demonstrates the capacity of Soul, not of material sense. This Soul-sense comes to the human mind when the latter yields to the divine Mind."⁴

Soul-sense knows nothing of physical distance, longer or shorter; it knows nothing of back rows or front rows. It cannot be lost or dimmed by years, accident, or disease. Always we can claim it as ours to reflect. In proportion as we do this, we can find ourselves exercising every useful mode of perception, perfectly functioning.

PETER J. HENNIKER-HEATON

¹ Prov. 20:12; ² *Science and Health*, p. 486; ³ II Kings 6:12; ⁴ *Science and Health*, p. 85.

From the Directors

Changing needs of the overseas field served by *The Herald of Christian Science* are necessitating some changes in format, content, and organizational procedures of the *Heralds*. These new developments are being planned and will be put into effect under the direct supervision of the Editor. As a result, the post of Associate Editor of the *Herald* has been discontinued, effective December 31, 1976.

Alfred F. Schneider, who held this post since 1972, came to Boston from Germany in 1959 and became Manager of the Translation Department in 1962. He served in that position until becoming Associate Editor of the *Herald*. We are taking this opportunity to express our deep appreciation for the faithful and effective service rendered by Mr. Schneider. We know the significant contributions he has made during his years at headquarters will continue to bless the overseas field, which he has served so unselfishly. He will continue to be active as a practitioner listed in *The Christian Science Journal* and *The Herald of Christian Science*.

A CONTINUING INVITATION

Members of The Mother Church are invited to write articles and poems for the periodicals. Convincing testimonies of healing are also welcomed from members, as well as from those who have not yet joined The Mother Church.

Specific guidelines may be obtained by writing The Christian Science Publishing Society, Journal, Sentinel, and Herald Editorial Department, One Norway Street, Boston, MA, U.S.A. 02115. Manuscripts should be sent to the same address.

All contributions accepted for publication become the sole property of The Christian Science Publishing Society.



Testimonies of Christian Science Healing

A few years ago I became aware of a blemish on my back. The condition enlarged considerably and I knew it must be healed. Fear of the difficulty and the fact that it was hidden from view had made me reluctant to pray consistently. I knew that in Christian Science this reluctance is known to be a phase of animal magnetism, the name for error—the deluding suggestion of a power apart from God.

I began to earnestly study the Bible, and *Science and Health with Key to the Scriptures* by Mary Baker Eddy, in order to understand and apply the truth of my relationship to God as His perfect reflection and manifestation. I could feel improvement in my thought—a growing realization of the nothingness of this condition, but the physical evidence remained.

One evening the thought came to squarely face the claim the condition represented. I recall saying to myself that there is a healing answer in Christian Science for every mortal claim to a power opposed to God's law, because this Science of Christ is God's law.

With a deep breath I faced the claim, called it by name, and saw it as an argument of debilitation, decay, destruction, death. I did not dwell on this picture. Instead, with calmness I turned my thought to God and asked for the answer. Immediately, gently, and with great assurance came the statement in *Science and Health* (p. 507), "Creation is ever appearing, and must ever continue to appear from the nature of its inexhaustible source." I did not know that I knew this statement by heart, although I had read it many times. But there it was, the answer, the checkmate to error's claim

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

of dominion—God, good, All-in-all, constantly revealing His divine healing nature.

I studied every aspect of this statement and saw that it canceled out completely each of the arguments I had faced. It was so clear that no two such contradictory actions as error and truth could be going on at the same time and in the same place, especially when one was such a resounding proclamation of God's presence.

The difficulty flared up a few days later, but I knew that my treatment was striking the mark, for I had studied what Mrs. Eddy says about chemicalization (*Science and Health*, p. 401): "What I term *chemicalization* is the upheaval produced when immortal Truth is destroying erroneous mortal belief." I persisted with my prayer in this line without anxiety.

Within two weeks all evidence of this claim washed away down my shower drain. The skin where this blemish had been for over two years was without scar, new and fresh. This healing occurred in June 1975 and has been complete.

I most humbly express my deep gratitude to God for the Way-shower, Christ Jesus, who lived the life that revealed unmistakably the truth that frees, and for Mrs. Eddy, the Discoverer, Founder, and Leader of Christian Science, whose obedience and selfless devotion to God's leadings enabled her to write in a book this truth for the benefit of all mankind.

JAMES LEE PHILLIPS
Arlington, Virginia



It is a pleasure to acknowledge all the blessings I have received through the study of Christian Science. A healing in my early teens brought my family and me into Christian Science. I was so ill my jaws had unlocked and my life was despaired of. My mother was sent for, as I was hospitalized. She brought along a friend for comfort. The friend was a Christian Scientist, and through her prayers I was awakened from my dream. At that time we knew nothing of this Science, but my entire family became devoted students of it. I was healed through Christian Science, and since then I have had no other religion.

After I married, our life led us to many faraway places, as my husband was a geologist-engineer and explorer. In these distant places I could not call my teacher of Christian Science or a Christian Science practitioner, so I turned wholly to God and relied on Him.

One example I will share with you. We were sent to South America on a project where our work was in dense jungle country. There we had extreme heat, poor food, bad water, and poor living conditions, but we were able to overcome all this in due time without ill effects.

In a nearby town we had a secondary office. I spent much time there and so started to look for a Church of Christ, Scientist. There seemed to be none; however, I learned a few women were reading the Bible Lesson in the *Christian Science Quarterly* on Sunday mornings. Finally, through much effort, I located the home and went on Sunday. The curtains were drawn, no music was played, and the reading was in subdued tones. I had been a soloist for many years and felt disappointed; I knew this situation needed the light and joy Science brings.

About this time a young woman who was a Christian Scientist came to the project, and I took her into my confidence. We went to the reading together. She opened the curtains, and I announced I would like to sing, and we did, loud and clear. From then on things started to open out. We told others, and the service grew. In time we found a room to hold services, and I took care of the music when possible.

Many years have elapsed since then, and the town has grown to a big city. There is now a Church of Christ, Scientist, which gives regular Christian Science lectures. When I see these announcements in the Christian Science periodicals, I am overcome with gratitude to God for the Master, Christ Jesus, and for his follower, Mrs. Eddy, who so lovingly paved the way for us. As I went to these distant places with my Bible, and *Science and Health* by Mrs. Eddy under my arm, I knew all was well. I felt I had on the armor of God. Three years ago I returned to South America and visited the church. Testimonies are given in many languages and they are then translated. Thus Truth marches on!

A more recent healing proved the power of Truth over an acci-

dent. As I walked to open my garage door, the brakes on my car let go and the car pinned me to the wall. I could not move and the pain was bad. I called for help; when it finally came and I was released, I could not stand on my legs. I asked to be taken in the house and left alone.

I called a practitioner, and we began to pray, knowing there were no accidents in God and that I was not outside His protecting love. Life includes all activity and movement; I walked in the realm of fetterless Mind.

I tied a rope to the newel post on the stair landing and with this help walked up and down stairs. No one was told of this experience, and since I lived alone, my work was uninterrupted.

At the time I was soloist in a branch church. The services were broadcast. I missed only two Sundays and drove my own car to the service.

I have been healed of grief at the passing of a loved one. Valuable jewelry that was lost was soon found. Through the years I have proved qualities of manhood and womanhood that we have from God in running a business, improving my financial condition, and making a home for myself.

My heartfelt gratitude goes out to God for His all-encompassing love.

(Mrs.) EDNA LOUISE LAKE
Walnut Creek, California



About nineteen years ago my husband and I had our first interview for the adoption of a child. Because those seeking to adopt far outnumbered available children, we desired to approach the matter unselfishly. A sentence from *Science and Health* by Mrs. Eddy instructed me (p. 326): "Working and praying with true motives, your Father will open the way."

The agency, learning I was a Christian Scientist, revealed that this was their first application involving a Scientist. Their regulations required that I have an examination by a gynecologist. I explained my religious reasons for preferring not to submit to physical examination but added that if necessary I would cooperate. At the

second interview we were asked about our attitude regarding shots for the baby. My husband was not at that time a student of Christian Science and had been in the Medical Corps, so his natural response was to consent. Earlier he had desired that our first son have shots. Other interviews followed. Then came the waiting period. I continued to pray with the same helpful passage from *Science and Health*.

Finally, one day an agency representative came by to ask, "How would you feel about a certain little boy coming to live with you three days from now?" What a joy this was for us and for our first son, then four and a half, who had not been told about the possibility of a brother or sister.

Our new son was five months old when he came. He had been hospitalized with very severe eczema. A variety of medicines had been completely ineffective. Now that he was in our care, we asked the prayer of a Christian Science practitioner. The condition was healed in one week. The agency representative, amazed and wondering, was told we had relied entirely on Christian Science.

Two weeks later three ugly boils appeared on the baby. Asked by the agency what was being done, I replied that a Christian Science practitioner had been engaged and that I was studying the Bible and *Science and Health* in working along with the practitioner. The representative said, "After the way Christian Science healed the eczema, I'm sure it will heal this." The condition worsened, however, after my first call to the practitioner, and in my fear I called her for additional treatment. In five or six days the carbuncles opened and drained. There were no scars and never a return of the condition. In this the agency again saw Christian Science at work.

My husband postponed the shots, and he had started attending Christian Science church services regularly. When the agency inquired, we told them the child had not yet been given the shots. I was praying earnestly that our heavenly Father would again "open the way"—would guide and protect all concerned. A new agency representative came for the next monthly visit. She asked, "Aren't you a Christian Scientist?" Then she said, "I roomed with a Christian Scientist in college and she didn't believe in taking shots." "Nor do I," I replied. When she learned that my husband no longer felt

shots were necessary, she said the child need not have them. I was never asked to see the gynecologist.

My husband was transferred in his work, but not before adoption was legally completed. Our financial situation, which, as the agency knew from the first, needed improvement, now began to improve greatly and has continued to be good.

Subjecting our first son to the shots had been difficult for me, but I knew my husband loved our son and was doing what he felt best. This loving attitude toward my husband, together with a practitioner's kind assurances, uplifted my thought. Later, when my husband asked for my prayerful help in Christian Science for a physical disorder that had plagued him since childhood, I had the joy of seeing him healed. We proved this Bible verse again (Ps. 91:11): "For he shall give his angels charge over thee, to keep thee in all thy ways." My husband later joined The Mother Church, a branch Church of Christ, Scientist, and served as First Reader. He is now serving the church in other capacities.

I am truly grateful to God for our Saviour, Christ Jesus, and for the tireless labors of Mrs. Eddy in giving us this provable truth not only for ourselves but to share with others.

(Mrs.) LOIS LADOW HILTON
Benton Harbor, Michigan

I am the husband referred to and want to add my gratitude for the many blessings received through the study of Christian Science.

GEORGE W. HILTON



In 1918 I was ready to have an operation for hemorrhoids. Shortly before this a dear sister sent me a Christian Science pamphlet. I read it through and decided to see a Christian Science practitioner. I had a complete healing in one week through this Science. Now I wanted to know more about this healing truth.

Over a period of years I studied the Lesson-Sermon in the *Christian Science Quarterly* and attended a Church of Christ, Scientist, when we were near one. During this time there were many healings in our family. Among them were healings of trench mouth and

scarlet fever. Many so-called childhood diseases were quickly healed. After moving west, I was healed of the smoking habit. I joined a branch church and The Mother Church and became involved with church work. I have enjoyed many years of teaching Sunday School.

For years I was troubled with migraine headaches. I don't know when the healing came, but one day I realized I had not had one for some time. This was the result of daily study and prayer. The healing was complete.

There isn't room to write of all the blessings. Class instruction continues to be a blessing. My husband did not become a member, but he had help from a practitioner after he suffered a stroke, and he recovered. He loved attending church and read all the Christian Science literature.

Words are not enough to express my gratitude to God, our Father-Mother, for Christian Science and for Christ Jesus' example of sonship with God. I am learning to lean on God's care more each day. The world is a better place since Mrs. Eddy shared this wonderful truth in her book, *Science and Health*.

(Mrs.) MABEL ROSENKRANZ
Fallbrook, California



I thank God that I can identify myself daily with the divine, spiritual laws of being and this gives me freedom from error. As a teen-ager, I have found peace in knowing that man possesses and reflects all he needs to express his complete individuality. You do not have to fear the future as a young person when you know your purpose is to express God.

When we acknowledge our spiritual status as children of God, no belief of disease can touch us and we can demonstrate perfection. I proved these facts after experiencing intense physical pain. Study of the weekly Lesson-Sermon in the *Christian Science Quarterly* was already an important part of my daily activities; however, this physical difficulty made me strive to understand God more than ever before. Paul wrote (Phil. 4:13), "I can do all things through Christ which strengtheneth me." This spiritual fact, when acknowledged, brought healing.

Spiritual unfoldment of the ideas God gives is greater pleasure than anything material. We are deceived if we believe otherwise. As a teen-ager, the popular thing to do need not be the right thing. We have to make a choice, I found, but we will always win with God!

I am most grateful for protection and healing received as a result of the study of Christian Science. When I was ten years old, I fell off my bike onto an icy pavement while delivering early morning papers as a newsboy. A large truck came to an abrupt stop within inches of me. The sense of God's ever-presence almost overwhelmed me. I ran into the house to share the experience with my family.

The first verse of Hymn No. 237 from the *Christian Science Hymnal* stands a guiding light for all youth:

O may we be still and seek Him,
Seek with consecration whole,
Listening thus to hear the message,
Far from sense and hid in Soul.

Attendance at a Christian Science Sunday School since very early childhood has brought rich rewards. A broken bone in my leg snapped back into place in a matter of an hour after an accident. This was without human aid. Winter colds have ceased to be a part of my experience. I am most grateful for all the healings received as a result of increased spiritual understanding.

Branch church membership has given me an opportunity to serve the Cause of Christian Science. Mother Church membership has increased my appreciation of the worldwide activities of Christian Science and the opportunity I have to pray daily for world peace.

Mrs. Eddy tells us in *Science and Health* (p. 323): "The effects of Christian Science are not so much seen as felt. It is the 'still, small voice' of Truth uttering itself. We are either turning away from this utterance, or we are listening to it and going up higher."

SHANE LEE KIEFER
Elmhurst, Illinois

Words of Current Interest



Related to the Lesson-Sermon
for January 9, 1977, in the
CHRISTIAN SCIENCE QUARTERLY
Subject: Sacrament

**As it is written in the prophets,
Behold, I send my messenger
The voice of one crying in the
wilderness (Mark 1:2, 3)**

The author quotes two Old Testament prophets. The first statement is from Mal. 3:1, while the second is from Isa. 40:3.

**Art thou he that should come?
(Luke 7:19)**

John's inquiry is based on popular Jewish expectation, preserved in the canonical Old Testament and in other ancient Jewish literature. The anticipated leader, who would establish justice and prosperity for Israel, was variously described. Often emphasized was his Davidic ancestry, as well as his more than human power and authority to judge, vindicate, and heal (see v. 22).

**Blessed is he, whosoever shall not
be offended in me (Luke 7:23)**

The Greek verb translated "be

offended," which also appears in Matt. 26:31, is the ancestor of the English word "scandal." According to Arndt and Gingrich, it includes the sense of falling away from faith, becoming disloyal.

**My blood of the new testament
(Matt. 26:28)**

The word translated "testament" means more basically "covenant." Some have seen Jesus' statement as reflecting Jeremiah's promise of a new covenant for Israel (see Jer. 31: 31-34).

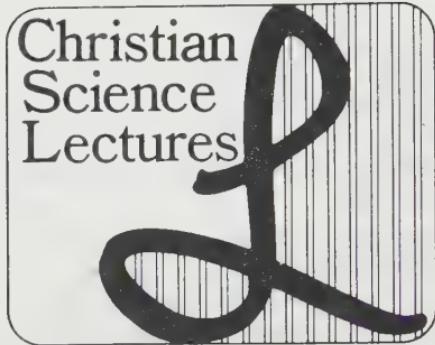
**In the morning the chief priests
held a consultation with . . . the
whole council (Mark 15:1)**

The Sanhedrin was the Jewish legislature and high court, consisting at this period of Pharisees as well as priestly Sadducees and presided over by the high priest. One of its rules forbade the pronouncement of a death sentence after nightfall. While the Sanhedrin could condemn someone to death, it is most likely that only Rome was permitted to carry out the sentence; hence Jesus was taken to the Roman magistrate, Pontius Pilate.

**The veil of the temple was rent
in twain (Mark 15:38)**

A veil separated the Holy of Holies from other parts of the temple. Only the high priest was allowed to enter this inmost shrine where the presence of God was thought to dwell.

The Lesson-Sermons contain Bible references (King James Version) and correlative passages from "Science and Health with Key to the Scriptures" by Mary Baker Eddy.



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

ENGLAND

SHROPSHIRE—**Oswestry**: Methodist Hall, Castle St., 7.30 p.m., Fri., Jan. 28. "Drift or Direction in Life?" (Kenyon)

FRANCE

Paris (Second): Sheraton Hotel, Salons Montparnasse, 19 Rue du Commandant Mouchotte, 3 p.m., Sun., Jan. 23. In English. French translation 4.30 p.m. "Christian Science: Its Healing Practice" (Kenyon)

REPUBLIC OF SOUTH AFRICA

TRANSVAAL—**Germiston**: Frans Van Rensburg Hall, Beaconsfield Ave. and Shamrock Rd., Primrose, 8 p.m., Mon., Feb. 14. "Are You Resourceful?" (Linnig)

RHODESIA

Umtali: Cecil Hotel, Pauling Rm., Victory Ave., 3 p.m., Sun., Feb. 20. "Are You Resourceful?" (Linnig)

NEW ZEALAND

Auckland: Kenneth Maidment Theatre, University, Alfred St., 3 p.m., Sun., Feb. 20.‡ "Do We Think, or Just Think We Think?" (Wyndham)

BARBADOS

Bridgetown: See local publicity for place and hour. Sun., Jan. 23. "Divine Love Is the Only Mind" (Crichlow)

UNITED STATES AND CANADA

(Week of January 9 to 15)

CANADA

ONTARIO—**Toronto** (First): Hotel Toronto, 145 Richmond St., W., 8.15 p.m., Fri., Jan. 14. "The Search for Life" (McGrew)

UNITED STATES

CALIFORNIA—**Venice** (Twentieth, Los Angeles): Church, 132 Brooks Ave., 3 p.m., Sun., Jan. 9.‡ "Claim Your Real Inheritance" (Tuttle)

COLORADO—**Colorado Springs**: Church, 325 N. Cascade Ave., 11 a.m., Sat., Jan. 15.‡ "Ethics for Today" (Ferris)

Denver (Second): Church, S. Grant St. and E. Bayaud, 8 p.m., Mon., Jan. 10.‡ "There's Only One Real Ego" (Correll)

Denver (Fourth): Church, N. Speer Blvd. and Grove St., 8 p.m., Tues., Jan. 11.‡ "The Spiritual Viewpoint" (Correll)

Littleton: Heritage High School, 7109 S. Gallup, 8 p.m., Fri., Jan. 14.‡ "Reality: Matter or Mind?" (Ferris)

ILLINOIS—**Chicago** (Eighth): Church, 112 E. 44th St., 3 p.m., Sun., Jan. 9.‡ "Finding God's Direction" (Holmes)

INDIANA—**New Albany**: St. Mark's United Church of Christ, 222 E. Spring St., 3 p.m., Sun., Jan. 9.‡ "Safe in God's Care" (Williams)

KANSAS—**Goodland**: Church, Tenth and Broadway, 8 p.m., Tues., Jan. 11. "Reality: Matter or Mind?" (Ferris)

MASSACHUSETTS—**Chatham**: High School, Crowell Rd., 3 p.m., Sun., Jan. 9.‡ "The Search for Life" (McGrew)

OHIO—**Columbus** (Second): Church, 871 N. Park St., 8 p.m., Mon., Jan. 10.‡ "Individualizing God's Power" (Pickett)

Dayton (Second): See local notice for place. 8 p.m., Tues., Jan. 11.‡ "The Power of God" (Rivas)

OHIO (continued)

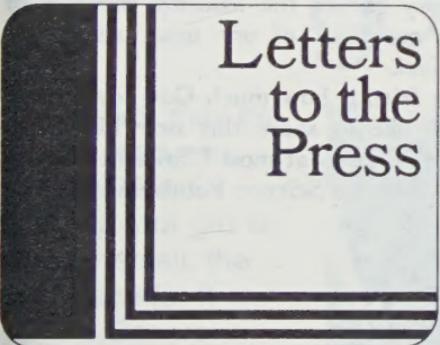
Lorain: Church, 2203 Meister Rd., 3 p.m., Sun., Jan. 9.‡ "The Power of God" (Rivas)

Norwood: Church, 2039 Weyer Ave., 8 p.m., Fri., Jan. 14.‡ "The Power of God" (Rivas)

TEXAS—El Paso (First): El Paso Civic Center, 1 Civic Ctr. Plaza, 8 p.m., Thurs., Jan. 13.‡ "There's Only One Real Ego" (Correll)

Kenedy (joint lecture): Municipal Bldg., Main and Third Sts., 3 p.m., Sun., Jan. 9.‡ "Accept Only the True" (Heafer)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]



Letters to the Press

From Christian Science
Committees on Publication

London Times Literary Supplement
London, England

The letter from Dame Rebecca West in the TLS of June 11 pays a generous tribute to Victor Cazalet but runs askew in its assumption that, as a Christian Scientist, [he] was inhibited from acknowledging frankly the demonic elements of human life.

Whatever Cazalet's personal ambivalences may have been, the Founder of Christian Science, Mary Baker Eddy, had no hesita-

tion about exposing, defining, denouncing and combating the assorted and sometimes inherent evils of the unregenerate human condition—or, as she calls it in one place, "the ghastly farce of material existence" (*Science and Health with Key to the Scriptures*, p. 272).

Even leaving aside the subtleties of Christian Science metaphysics, however, it is a plain fact that *The Christian Science Monitor* (the newspaper founded by Mrs. Eddy in her eighty-eighth year) had no difficulty in recognizing and opposing at an early stage the viciousness of fascism and the folly of appeasement. It would be as great a mistake to assume that a Christian Scientist's religious belief automatically inhibits his political realism as to believe that an atheist's dismissal of God necessarily inclines him toward communism.

BRYAN G. POPE
District Manager for
Great Britain and Ireland

"GOD IS RIGHT HERE"— A NEW PAMPHLET FOR CHILDREN

Have you been looking for a new way to show the children in your life how much God cares for them? Then you'll be glad to know about this new illustrated pamphlet for children.

"God Is Right Here" opens with a poem that encourages children to follow in Jesus' healing footsteps and then tells the true experiences of five children who did. Youngsters can read how Karl learned to be a peacemaker, how Bill discovered the safety that comes from trusting God's goodness and love, and how Barb's friends helped her heal an injured leg. Other stories tell how one child healed the family dog and another comforted a cousin whose mother had passed on. Each story carries the assuring message of God's nearness at all times. With the exception of one new article, the contents are all reprinted from the *Sentinel*.

If you would like to show your young friends how much God loves them and how they can prove it, you might like to share this new illustrated pamphlet with them. You can buy it for 50 cents at most Christian Science Reading Rooms. Or directly from The Christian Science Publishing Society, One Norway Street, Boston, MA. 02115.

THE CHRISTIAN SCIENCE TEXTBOOK

Science and Health with Key to the Scriptures by Mary Baker Eddy is the textbook of Christian Science. It is available in English, in English-Braille, and in Danish, Dutch, French, German, Greek, Indonesian, Italian, Japanese, Norwegian, Polish, Portuguese, Russian, Spanish, and Swedish. It may be obtained from any Christian Science Reading Room, or ordered directly from MISS FRANCES C. CARLSON, Publisher's Agent, One Norway Street, Boston, MA, U.S.A. 02115.

CHRISTIAN SCIENCE PRACTITIONERS

Public practitioners of Christian Science are available and ready to assist you by prayer, if you need their help. A worldwide list of those who are professionally engaged full time in this healing work can be found in *The Christian Science Journal*. This periodical is obtainable at any Christian Science Reading Room. For a Reading Room in your locality see telephone directory.

“Where can my giving do the most good?”

The answer may be simpler than you thought. For whether your gift is large or small, the best place for it is still the General Purpose Fund.

Special Funds have value in that they call attention to specific current needs. But giving to them is always—we hope—extra giving, not diverted from



the General Purpose Fund.

The fact is that if the General Purpose Fund were filled plentifully enough, no special Funds would be needed: all current

demands could be supplied directly from it.

Nothing, of course, can do more good than your loving metaphysical support of the Church organization... but when you're thinking of giving, do remember the General Purpose Fund. Thank you.

**Marc Engeler, Treasurer
The First Church
of Christ, Scientist
Christian Science Center
Boston, MA, U.S.A. 02115**



An inspired message now on cassette

A warm thoughtful reading of Mary Baker Eddy's Message for 1901 to members of her church is available now for the first time on cassette.

The address speaks to vital issues of religious teaching. It looks into the nature of God as the infinite Person. It explores the divinity of the Christ, and explains how sin is overcome. Here, too, the ethics of healing and Christian brotherhood are discussed. In this time of renewed religious interest, the church member will benefit from hearing Mrs. Eddy's ever-fresh thought on all these topics.

You can obtain this Message, on two cassettes, for \$12.00 at any Christian Science Reading Room. Or order it direct from:

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